



How do you preserve your family photos to share with future generations? How do you preserve past experiences in 4-H, school activities, etc.? Scrapbooking is the answer! Scrapbooking preserves your memories through photographs, journaling and embellishments to tell your story.



## Exploring 4-H Scrapbooking

### Spark Activity: One Moment in Time

- Create a one-page layout that tells a story about a special day. When creating a scrapbook page, all items should be acid free so it does not fade or deteriorate over time.
- Choose 1-3 pictures that tell a story about a particular activity/event in your life. Recommendations would be to use 8 ½ ' x 11" or 12" x 12" layout.
- Choose 2-3 different colors of paper that will coordinate with your pictures. Papers can be patterned, solid card stock or specialty paper.
- Create a title for your page.
- Include journaling to explain what is going on in the picture, how you felt in the picture, etc. This can be done using acid free pens, or by using a computer.
- Crop and mat at least one picture and make it your focal point.
- Experiment with using embellishments including ribbon, stickers, buttons, special lettering, die cut pieces, etc.
- Odd numbers are recommended to create balance on the page.
- Experiment with different types of adhesive – tape runner, pop dots, photo corners, and liquid adhesive. Pop dots create dimension on the page. Liquid adhesive is good for ribbon, buttons and small embellishments. A tape runner is good to secure pictures to your page.
- Experiment with your layout such as photo placement, embellishments, and journaling. Once you are satisfied with the layout, use the appropriate adhesive to adhere items to your page.
- You can display your layout in a frame or add to a scrapbook album.
- Have fun and be creative!



## 4-H Project Levels and Goals

### Beginner

- Learn to create scrapbook pages that tell a story
- Create a basic scrapbook supply kit
- Learn to crop and mat photos
- Incorporate titles into your pages
- Include journaling in your scrapbook
- Experiment with embellishments

### Intermediate

- Experiment using punches or stamps to create embellishments
- Incorporate quotes into your scrapbook pages
- Experiment with embellishments that you have not used before
- Practice new techniques for cropping and matting

### Advanced

- Create scrapbook pages effectively using at least seven different types of embellishments
- Experiment with incorporating borders onto your scrapbook pages
- Incorporate the use of pocket pouches into your page designs

## Put Your Project Into Action

### Show Your Skills

- Exhibit at your local 4-H show / fair
- Create a display showcasing different types of embellishments
- Develop a portfolio of various types of page layouts
- Create greeting cards which showcase different techniques for scrapbooking

### Service and Leadership

- Make greeting cards to give to a local nursing home or children's wing at a local hospital
- Create a scrapbook for your 4-H club preserving the memories of the 4-H year
- Lead a card-making workshop for your club or with a senior citizen group
- Mentor a younger member just starting to do scrapbooking as a 4-H project
- Consider running for an office in your club as a reporter or historian; if your club does not offer this position, consider volunteering for the position
- Give a scrapbooking presentation at your 4-H club meeting

### Entrepreneurship

- Create and sell sample scrapbook layouts
- Create homemade cards for various occasions
- Create a business making digital sketch layouts
- Create and sell handmade die cuts and embellishments

### Technology Connection

- Desktop die cutting machines
- Digital scrapbooking
- Mobile photo printers
- Wearable cameras

### Connecting with a Mentor

- Crop nights / scrapbook events
- Scrapbook supply stores
- Craft stores

### Events

- 4-H workshops
- 4-H county show and state fair
- Check with local craft and specialty shops for workshops and classes



### Careers for People Interested in Scrapbooking

Scrapbooking Consultant  
Graphic Designer  
Marketing

Class Instructor  
Craft Store Manager  
Layout Designer

## Start a Conversation

Why would it be important to preserve photos taken during special times in your life?

What are some different ways that you could preserve/showcase photos taken during special times in your life?

## Want to learn more?

[go.illinois.edu/4Hscrapbooking](http://go.illinois.edu/4Hscrapbooking)

## Explore more at Illinois 4-H!

[4-H.extension.illinois.edu](http://4-H.extension.illinois.edu)



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**Credits:** Oklahoma State University Extension 4-H Scrapbooking Curriculum [http://4h.okstate.edu/literature-links/lit-online/leadership-personal\\_development/personal-development/scrapbooking-curriculum/](http://4h.okstate.edu/literature-links/lit-online/leadership-personal_development/personal-development/scrapbooking-curriculum/) | 4-H Spark Sheets are a collaborative effort of 4-H staff, volunteers, alumni and teens from across Illinois. A big thanks to the many contributors and reviewers!