# Resource & Curriculum Guide for Illinois 4-H Projects (Update 8/1/22)

Project learning is an important part of the 4-H club experience. The following resources are available to support you in your journey.

The project list is by category under the heading project book titles found on the new Illinois Extension Shop 4-H website at <a href="https://shop4-h.org/collections/illinois-virtual-pop-up-shop">https://shop4-h.org/collections/illinois-virtual-pop-up-shop</a>. Prices may change without notice. Check the projects you wish to study during the 2022-23 4-H year.

## SUPPLEMENTAL PROJECT RESOURCES can be found on the Illinois 4-H Website:

https://4h.extension.illinois.edu/ways-participate/projects

MAL SCIENCE PROJECTS		
BEEF		
LEVEL 1: Bite into Beef	# 08143 (2005)	\$5.75
LEVEL 2: Here's the Beef	# 08144 (2005)	\$5.75
LEVEL 3: Leading the Charge	# 08145 (2005)	\$5.75
Beef Helper's Guide	# 08146 (2005)	\$5.75
CATS		
LEVEL 1: Purr-fect Pals!	# 08148 (2005)	\$5.75
LEVEL 2: Climbing Up	# 08149 (2005)	\$5.75
LEVEL 3: Leaping Forward	# 08150 (2005)	\$5.75
Cat Helper's Guide	# 08151 (2005)	\$8.95
DAIRY CATTLE		
LEVEL 1: Cowabunga!	# 08161 (2005)	\$5.75
LEVEL 2: Mooving Ahead	# 08162 (2005)	\$5.75
LEVEL 3: Rising to the Top	# 08163 (2005)	\$5.75
Dairy Cattle Helper's Guide	# 08164 (2005)	\$5.75
DAIRY & MEAT GOATS		
LEVEL 1: Getting Your Goat	# 08352 (2006)	\$5.75
LEVEL 2: Stepping Out	# 08353 (2006)	\$5.75
LEVEL 3: Showing the Way	# 08354 (2006)	\$5.75
LEVEL 1: Just Browsing	# 07909 (2003)	\$5.75
LEVEL 2: Growing with Meat Goats	# 07910 (2003)	\$5.75
LEVEL 3: Meating the Future	# 07911 (2003)	\$5.75
Dairy Goat Helper's Guide	# 08355 (2006)	\$5.75
Meat Goat Helper's Guide	# 07912 (2003)	\$5.75
DOGS		
LEVEL 1: Wiggles & Wags	# 08166 (2005)	\$5.75
LEVEL 2: Canine Connection	# 08167 (2005)	\$5.75
LEVEL 3: Leading the Pack	# 08168 (2005)	\$5.75
` Dog Helper's Guide	# 08169 (2005)	\$5.75

HORSE			
	LEVEL 1: Giddy Up & Go	# 01518Y (2015)	\$7.95
	LEVEL 2: Head, Heart & Hooves	# 08054 (2015)	\$7.95
	LEVEL 3: Stable Relationships	# 01520Y (2015)	\$7.95
	LEVEL 4: Riding the Range	# 08056 (2015)	\$7.95
	LEVEL 5: Jumping to New Heights	# 01522Y (2015)	\$7.95
	Horse & Horsemanship	# CO 200 (2001)	\$6.50
	Horse Science	# CO 201 (2001)	\$6.50
	Horse Helper's Guide	# 08058 (2015)	\$7.95
POULTR	Υ		
	LEVEL 1: Scratching the Surface	# 06363 (2003)	\$5.75
	LEVEL 2: Testing Your Wings	# 06364 (2003)	\$5.75
	LEVEL 3: Flocking Together	# 06365 (2001)	\$5.75
	Poultry Helper's Guide	# 06366 (1995)	\$5.75
RABBIT			
	LEVEL 1: What's Hoppening?	# 08080 (2004)	\$5.75
	LEVEL 2: Making Tracks	# 08081 (2004)	\$5.75
	LEVEL 3: All Ears!	# 08082 (2004)	\$5.75
	Rabbit Helper's Guide	# 08083 (2004)	\$5.75
SHEEP			
	LEVEL 1: Rams, Lambs, & You	# 06367 (2003)	\$5.75
	LEVEL 2: Shear Delight	# 06368 (2003)	\$5.75
	LEVEL 3: Leading the Flock	# 06369 (2002)	\$5.75
	Sheep Helper's Guide	# 06370 (2003)	\$5.75
SMALL F	PETS		
	Level 1: Pet Pals	# 06359 (2003)	\$5.75
	Level 2: Scurrying Ahead	# 06360 (2002)	\$5.75
	Level 3: Scaling the Heights	# 06361 (2002)	\$5.75
	Cavy Handbook: Guide to Guinea Pigs	# 4-H 215R (2012)	\$19.95
SWINE			
	LEVEL 1: The Incredible Pig	# 08065 (2004)	\$5.75
	LEVEL 2: Putting the Oink in Pig	# 08066 (2004)	\$5.75
	LEVEL 3: Going Whole Hog	# 08067 (2004)	\$5.75
	Swine Helper's Guide	# 08068 (2004)	\$5.75
VETERIN	IARY SCIENCE		
	Level 1: From Airedales to Zebras	# 08048 (2004)	\$5.75
	Level 2: All Systems Go	# 08049 (2004)	\$5.75
	Level 3: On the Cutting Edge	# 08050 (2004)	\$5.75

#### CAREER & LEADERSHIP DEVELOPMENT PROJECTS CAREER READINESS Build Your Future Notebook \$10.95 # 08561 (2015) Build Your Future Facilitator Guide # 08562 (2015) \$13.95 CONSUMER EDUCATION Be the "E" Entrepreneurship Guide Digital Download # 08035DD (2004) \$8.50 \_\_\_\_ My Financial Future Beginner Youth Notebook #01441Y \$11.95 My Financial Future Advanced Youth Notebook \$11.95 #01442Y \_\_\_\_\_ My Financial Future: Facilitator Guide # 01443F (2015) \$15.95 \_\_\_\_\_ Be the "E" Entrepreneurship Helper Guide Digital # 08036DD (2004) \$5.00 LEADERSHIP \_\_\_\_\_ Level 1: Skills You Never Outgrow 1 # MC0630 (2009) \$6.00 Level 2: Skills You Never Outgrow 2 # MC0631 (2010) \$6.00 Level 3: Skills You Never Outgrow 3 # MC0632 (2011) \$6.00 **CIVIC ENGAGEMENT PROJECTS** CIVIC ENGAGEMENT \_\_\_ Citizenship: Level 1 - All About Me # MC0240 (2003) \$5.00 \_\_\_\_\_ Citizenship: Level 2 - My Neighborhood \$5.00 # MC0241-R12 (2012) \_\_\_\_\_ Citizenship: Level 3 - My Community and Me # MC0242 (2004) \$5.00 COMMUNITY SERVICE Level 1: Agents of Change # 08182 (2005) \$5.75 Level 2: Raise Your Voice # 08183 (2005) \$5.75 **EXPLORATORY** \_\_\_\_\_ Welcome to 4-H: An Introduction to 4-H # 01517 (2015) \$7.50 \_\_\_ Exploring the Treasures of 4-H # 08171 \$5.75 \_\_\_\_ My Favorite Things (Collectibles) # 4H496 (2016) \$8.95 \_\_\_\_\_ Bienvenidos a 4-H # 01517ES (2015) \$7.95 \_ FAMILY HERITAGE \_\_\_\_\_ Family History Treasure Hunt # 4H442 (2018) \$14.50 **DIVERSITY & CULTURAL AWARENESS** \_\_\_\_\_ Diversity: The Source of Our Strength # 4H372 (2014) \$8.95 (use above if working individually) Seeing i2i: Adventures (use if working as a club) # 4H6511DL (2015) \$7.95 https://marketplace.unl.edu/ne4h/curriculum/leadership/4h6510.html **INTERCULTURAL** 4-H Passport to the World https://4h.extension.illinois.edu/sites/default/files/2022-07/4H-PassportToWorld-2020.pdf

## **CREATIVE ARTS PROJECTS**

\_\_\_\_ COMMUNICATIONS



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	Communications Module 1	# 01508F (2016)	\$6.95
	Communications Module 2	# 01509F (2016)	\$6.95
	Communications Module 3	# 01510F (2016)	\$6.95
	CREATIVE WRITING: The Writer in You	# 4H588 (2016)	\$8.95
	PUBLIC SPEAKING: Finding Your Voice	# 4H377 (2014)	\$8.95
	Journalism	# MB0200 (2003)	\$5.00
NTERIC	PR DESIGN		
	Design Decisions	# 4H1600 (2009)	\$8.95
	https://marketplace.unl.edu/ne4h/design-de	ecisions.html	
	https://4h.unl.edu/designdecisionshome (fre	e online resource)	
РНОТО	GRAPHY		
	Level 1: Photography Basics	# 01902Y (2019)	\$9.95
	Level 2: Next Level Photography	# 01903Y (2019)	\$9.95
	Level 3: Mastering Photography	# 01904Y (2019)	\$9.95
ΓΗΕΑΤR	E ARTS		
	Level 1: Beginner	#08445 (2013)	\$6.95
	Level 2: Intermediate	#08445 (2013)	\$6.95
	Level 3: Advanced	#08447 (2013)	\$6.95
	Level 3: Advanced Digital Access Code	#08447DD (2013)	\$5.00
<b>VIDEO</b>			
	4-H Filmmaking Workshop CD	#DVDFILM	\$10.00
	ARTS: (CHALK/CARBON/PIGMENT, CLAY, COM		
PLAST	IC, HERITAGE ARTS, LEATHER, METAL, NATURE	, PAPER, SCRAPBOOKING, 3-DIMENS	SIONAL, W
PLAST	IC, HERITAGE ARTS, LEATHER, METAL, NATURE Getting Started in Art (Beginner)	, PAPER, SCRAPBOOKING, 3-DIMENS # 4H592 (2019)	<b>SIONAL, W</b> \$8.95
PLAST	IC, HERITAGE ARTS, LEATHER, METAL, NATURE Getting Started in Art (Beginner) Level 1: Sketchbook Crossroads	, PAPER, SCRAPBOOKING, 3-DIMENS # 4H592 (2019) # 08140 (2005)	\$8.95 \$7.95
PLAST	IC, HERITAGE ARTS, LEATHER, METAL, NATURE Getting Started in Art (Beginner) Level 1: Sketchbook Crossroads Level 2: Portfolio Pathways	, PAPER, SCRAPBOOKING, 3-DIMENS # 4H592 (2019) # 08140 (2005) # 08141 (2005)	\$ <b>IONAL, W</b> \$8.95 \$7.95 \$7.95
PLAST	IC, HERITAGE ARTS, LEATHER, METAL, NATURE Getting Started in Art (Beginner) Level 1: Sketchbook Crossroads Level 2: Portfolio Pathways Elements & Principles of Design Card	, PAPER, SCRAPBOOKING, 3-DIMENS # 4H592 (2019) # 08140 (2005) # 08141 (2005) #BUL924	\$8.95 \$8.95 \$7.95 \$7.95 \$1.95
PLAST	IC, HERITAGE ARTS, LEATHER, METAL, NATURE Getting Started in Art (Beginner) Level 1: Sketchbook Crossroads Level 2: Portfolio Pathways Elements & Principles of Design Card Exploring Fiber Arts	, PAPER, SCRAPBOOKING, 3-DIMENS # 4H592 (2019) # 08140 (2005) # 08141 (2005) #BUL924 # MF0118 (2018)	\$8.95 \$7.95 \$7.95 \$1.95 \$5.00
PLAST	IC, HERITAGE ARTS, LEATHER, METAL, NATURE Getting Started in Art (Beginner) Level 1: Sketchbook Crossroads Level 2: Portfolio Pathways Elements & Principles of Design Card Exploring Fiber Arts Creating Stained Glass Projects	, PAPER, SCRAPBOOKING, 3-DIMENS # 4H592 (2019) # 08140 (2005) # 08141 (2005) #BUL924 # MF0118 (2018) # MF0117 (2018)	\$8.95 \$7.95 \$7.95 \$1.95 \$5.00 \$7.00
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https://vtechworks.lib.vt.edu/bitstream/handle/109 022.pdf?sequence=1&isAllowed=y  LTHY LIVING & NUTRITION PROJECTS  CHILD DEVELOPMENT  Level A: Building a Bright Beginning Level B: Building Blocks of Learning Level C: Building a Strong Foundation Level D: Building Relationships  FOOD & NUTRITION  4-H Cooking 101 4-H Cooking 201 4-H Cooking 301 4-H Cooking 401 What's on Your Plate? Unit 1 Youth Science Journal What's on Your Plate? Unit 3 Youth Science Journal What's on Your Plate? Unit 4 Youth Science Journal Sports Nutrition: Ready, Set, Grow	# 4-H-973 (2005) # 4-H-974 (2013) # 4-H-975 (2005) # 4-H-976 (2014) # 01512Y (2015) # 01512Y (2015) # 01514Y (2015) # 01515Y (2015) # 01411Y (2014) # 01413Y (2014) # 01413Y (2014) # 01414Y (2014) # 4H463	\$7.50 \$7.50 \$7.50
https://vtechworks.lib.vt.edu/bitstream/handle/109 022.pdf?sequence=1&isAllowed=y  LTHY LIVING & NUTRITION PROJECTS  CHILD DEVELOPMENT  Level A: Building a Bright Beginning Level B: Building Blocks of Learning Level C: Building a Strong Foundation Level D: Building Relationships  FOOD & NUTRITION  4-H Cooking 101 4-H Cooking 201 4-H Cooking 301 4-H Cooking 401 What's on Your Plate? Unit 1 Youth Science Journal What's on Your Plate? Unit 2 Youth Science Journal What's on Your Plate? Unit 3 Youth Science Journal What's on Your Plate? Unit 4 Youth Science Journal Sports Nutrition: Ready, Set, Grow Home Food Preservation: Boiling Water Canning	# 4-H-973 (2005) # 4-H-974 (2013) # 4-H-975 (2005) # 4-H-976 (2014) # 01512Y (2015) # 01512Y (2015) # 01514Y (2015) # 01515Y (2015) # 01411Y (2014) # 01412Y (2014) # 01413Y (2014) # 01414Y (2014) # 4H463 # PNW652 (2013)	\$7.50 \$7.50 \$7.50 \$7.50 \$10.50 \$10.50 \$10.50 \$7.95 \$7.95 \$7.95 \$7.95 \$7.95 \$7.95 \$7.95

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What's on Your Plate? Unit 1 Facilitator Guide	# 01415F (2014)	\$9.95
What's on Your Plate? Unit 2 Facilitator Guide	# 01416F (2014)	\$9.95
What's on Your Plate? Unit 3 Facilitator Guide	# 01417F (2014)	\$9.95
What's on Your Plate? Unit 4 Facilitator Guide	# 01418F (2014)	\$9.95
Put It Up Food Preservation for Youth Online Reso	ources (2014)	\$0.00
https://newt.fcs.uga.edu/nchfp/putitup/		
_ HEALTH		
First Aid in Action	# 08174 (2005)	\$5.75
Staying Healthy	# 08175 (2005)	\$5.75
Keeping Fit	# 08176 (2005)	\$5.75
M: SCIENCE, TECHNOLOGY, ENGINEER	ING & MATH PRO	DJECTS .
AEROSPACE		
Level 1: Pre-Flight	# 06843 (2003)	\$5.75
Level 2: Lift-Off	# 06843 (2003)	\$5.75
Level 3: Reaching New Heights	# 06844 (2003)	\$5.75
Level 4: Pilot in Command	# 06845 (2003)	\$5.75 \$5.75
Flight Crew: Helper's Guide	# 06846 (2003)	\$5.75
BICYCLE		
Level 1: Bicycling for Fun	# 08334 (2006)	\$5.75
Level 2: Wheels in Motion	# 08335 (2006)	\$5.75
Bicycle Helper's Guide	# 08336 (2006)	\$5.75
COMPUTER SCIENCE  Computer Science Visual Based Programming Onlinettps://4h.extension.illinois.edu/ways-participate/projects/  Computer Science Text-Based Programming Onlinettps://4h.extension.illinois.edu/ways-participate/projects/	/computer-science-text-base ne Resources:	
ELECTRICITY		
Level 1: Magic of Electricity	# 06848 (2003)	\$5.75
Level 2: Investigating Electricity	# 06849 (2002)	\$5.75
Level 3: Wired for Power	# 06850 (2002)	\$5.75
Level 4: Entering Electronics	# 06851 (2002)	\$5.75
ROBOTICS		
Robotics 1 with EV3	# 4H507 (2015)	\$8.95
Robotics 2 with EV3N	# 4H508 (2016)	\$8.95
Robotics 3: Online Resources https://4h.extension	· · ·	ate/projects/robotics
Junk Drawer Level 1: Give Robots a Hand	# 08431 (2011)	\$11.50
Junk Drawer Level 2: Robots on the Move	# 08432 (2011)	\$11.50
Junk Drawer Level 3: Mechatronics	# 08433 (2011)	\$11.50
Junk Drawer: Youth Notebook	# 08435 (2011)	\$11.50
SMALL ENGINES		
Level 1: Crank It Up	# 08186 (2005)	\$5.75
Level 2: Warm It Up	# 08187 (2005)	\$5.75
Level 3: Tune It Up	# 08188 (2005)	\$5.75
Small Engines Helper's Guide	# 08189 (2005)	\$5.75
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TECHNOLOGIES		
Maker: Online Resources		\$0.00
https://4h.extension.illinois.edu	/ways-participate/projects/maker	
Esports: Online Resources		\$0.00
https://cdn.shopify.com/s/files/	1/0650/2997/files/Esports Pilot Curriculum	1.1.pdf?v=162697303
<u>6</u>		
Unmanned Aerial Vehicles/Syste	ems: Drones	
https://uofi.app.box.com/s/g6zk	k8q83cpfgo8epec5qzus90867jhv6	\$0.00
TRACTOR		
Level A: Starting Up	# 4H961 (2005)	\$8.00
Level B: Tractor Operation	# 4H962 (2005)	\$8.00
Level C: Moving Out	# 4H963 (2005)	\$8.00
Level D: Learning More	# 4H964 (2005)	\$8.00
WELDING		
Arcs and Sparks	# 573 (2007)	\$8.95
WOODWORKING	# 0507F (0000)	45.75
Level 1: Measuring Up	# 06875 (2003)	\$5.75
Level 2: Making the Cut	# 06876 (2003)	\$5.75
Level 3: Nailing It Together	# 06877 (2002)	\$5.75
Level 4: Finishing Up	#06878 (2002)	\$5.75
Woodworking Helper's Guide	# 06879 (2002)	\$5.75

# **CLOVERBUDS** for youth 5 to 7 years of age



## \_\_\_\_ CLOVERBUD PROJECT

Note — Cloverbuds utilizes an adult-led youth program format. Learning activities are conducted in a group setting at the club meetings therefore curriculum is available as instructional & activity resources for the leader. In some instances, there is a youth project book, however that should be made available for youth to complete during the club meeting. Purchase of those items for each member are optional; instead, the leader can purchase one copy as a reference guide as they lead the hands-on activity

The Big Book of 4-H Cloverbud Activities	# 4H710GPM (2016)	\$19.95
Exploring 4-H: Cloverbud Activity Bookle	t # CB01602Y	\$2.95
Cloverbud Coloring Book	# CBBOOK	\$5.95
All About Pets Cloverbud Activity Bookle	t # CB01603Y	\$2.95
All About Insects Cloverbud Activity Boo	klet # CB01604Y	\$2.95
Create Your Own Marshmallow Rocket (	loverbud Activity	\$2.95
4-H Cloverbud Citizenship	utah4h.org/discover	\$0.00
4-H Cloverbud Communicative & Expres	sive Arts <u>utah4h.org/discover</u>	\$0.00
4-H Cloverbud Family & Consumer	utah4h.org/discover	\$0.00
4-H Cloverbud Personal Development &	Leadership <u>utah4h.org/discover</u>	\$0.00
4-H Cloverbud Plants & Animals	utah4h.org/discover	\$0.00
4-H Cloverbud Science & Technology Clu	bs <u>utah4h.org/discover</u>	\$0.00
Cloverbuds - Animal Science: Caring for	ı Pet	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/FD001.pdf	
Cloverbuds – Plant Science: Green & Gro	wing	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/FD002.pdf	
Seed Chart - Green & Growing Activity s	neet	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cu	rriculum/seed_chart.pdf	
Cloverbuds – Science, Engineering & Tec		\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/FD003.pdf	
Cloverbuds - Continent Cut Outs - Wher	e in the World Activity	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cl	overbuds/continent_cut_outs_handout.	.pdf
Cloverbuds – Science, Engineering & Tec	hnology: Exploring Electricity	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/FD004.pdf	
Cloverbuds – Science, Engineering & Tec	hnology: Way Cool Science	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/FD005.pdf	
Cloverbuds – Kissing Fish Handout (Way	Cool Science)	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/cloverbud kissing fish hando	ut.pdf
Cloverbuds – Personal Development & S	ervice Learning: Friends & Me	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/FD006.pdf	
Cloverbuds Citizenship: Setting the Table	•	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/FD007.pdf	
Cloverbuds – Setting the Table, Napkin F	olding Handout	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/handout napkin folding.pdf	
Cloverbuds – Setting the table, Secrets 1	able Manners Handout	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo	overbuds/handout secret table manne	rs.pdf
Cloverbuds Citizenship: Rooted in Comm	unity	\$0.00
https://www.ndsu.edu/fileadmin/4h/Clo		
Cloverbuds Citizenship: Cultural Kaleido	to the contract of the contrac	\$0.00
	•	
https://www.ndsu.edu/fileadmin/4h/Clo	verbuds/FD009.pdf	

Cloverbuds – Environmental & Earth Sciences: Nature Explorers	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cloverbuds/FD010.pdf	
 Cloverbuds – Environmental & Earth Sciences: Insect Investigations	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cloverbuds/FD011.pdf	
 Cloverbuds – Communication & Expressive Art: Printing with Nature	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cloverbuds/FD012.pdf	
 Cloverbuds – Communication & Expressive Art: Building Works of Art	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cloverbuds/FD013.pdf	
 Cloverbuds – Consumer & Family Science: Needlepoint on Plastic Canvas	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cloverbuds/FD014.pdf	
 Cloverbuds – Consumer & Family Science: Textile Creations	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cloverbuds/FD015.pdf	
 Cloverbuds – Consumer & Family Science: Color Your World	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cloverbuds/FD016.pdf	
 Cloverbuds – Healthy Living: Dairy Treats	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cloverbuds/FD017.pdf	
 Cloverbuds – Healthy Living: Food Adventurers	\$0.00
https://www.ndsu.edu/fileadmin/4h/Cloverbuds/FD018.pdf	